

## Wrap

<b>Falafel</b> <b>V</b> <b>S</b>	£ 5.50	فلافل
<b>Halloumi Cheese</b> <b>V</b> <b>M</b> <b>E</b>	£ 6.00	جبنة حلومي
<b>Shish Taouk</b>	£ 6.50	شيش طاووق
<b>Lamb Kofta</b>	£ 6.50	كفتة لحم
<b>Chicken Shawerma</b> <b>E</b>	£ 5.50	شاورما دجاج
<b>Grilled Lamb Cubes</b> <b>S</b>	£ 7.00	لحمة مشوية
<b>Lakoma</b> <b>E</b>	£ 2.50	لقومة
<b>Falafel and Halloumi</b> <b>M</b> <b>E</b> <b>S</b>	£ 6.50	فلافل و حلومي
<b>Shawerma and Halloumi</b> <b>M</b> <b>E</b>	£ 6.50	شاورما و حلومي

## Kids Meal

<b>Chicken Strips</b>	£ 8.99	اصابع الدجاج
<b>Chicken Burger</b> <b>E</b>	£ 8.99	برغر دجاج
<b>Meat Burger</b> <b>E</b>	£ 8.99	برغر لحم

\* All serve with chips \*

## Desserts

<b>Muhallabia</b> <b>M</b> <b>N</b>	£ 4.50	مهلبية
Creamy and sweet milk based pudding flavored with orange blossom water and topped with ground pistachios		
<b>Mixed Baklava (3 Pcs)</b> <b>N</b> <b>M</b>	£ 4.00	بقلاوة مشكلة
Assorted arabic sweets		
<b>Konafa</b> <b>G</b> <b>M</b> <b>N</b>	£ 5.50	كنافة
Traditional arabic cheese pastry soaked in sweet syrup		
<b>Om Ali</b> <b>G</b> <b>M</b> <b>N</b>	£ 5.50	أم علي
Pastry and milk topped with nuts		



## Abu Zaad Special

<b>Farrouj Abu Zaad</b> <b>E</b>	£ 15.95	فروج أبو زاد
Grilled tender boneless baby chicken, marinated with Abu Zaad's special sauce comes with chips or rice		
<b>Abu Zaad Chicken Mix Grill</b> <b>E</b>	£ 14.95	مشاوي أبو زاد
2 Chicken cubes, and chicken wings. (دجاج)		
<b>Family Mix Grill</b> (4 people) <b>E</b>	£ 63.00	مشاوي مشكلة
Lamb fillet, lamb kofta, shish taouk, Jawaneh, shawerma served with chips and rice. (4 أشخاص)		
<b>Mix Grill</b> (2 people) <b>E</b>	£ 31.50	مشاوي مشكلة
Lamb fillet, lamb kofta, shish taouk, Jawaneh, shawerma served with chips and rice. (شخصان)		
<b>Abu Zaad</b> <b>S</b>	£ 13.50	شاورما أبو زاد
<b>Chicken Shawerma</b> (عربي)		

## Fish

<b>Sea Bass</b> <b>F</b>	£ 19.95	سبياس
Grilled fresh seasoned seabass served with tartar sauce and rice		

## Drinks

<b>Ayran (Jug of Ayran. 4 ppl)</b>	£ 7.50	أبريق لبن عيران (4 أشخاص)
<b>Ayran</b>	£ 2.50	لبن عيران
<b>Still Water</b> <b>S</b> £ 2.25 <b>L</b> £ 3.00		ماء
<b>Arabic Tea (mint)</b>	£ 1.95	شاي عربي
<b>Teapot (4 ppl)</b>	£ 5.99	أبريق شاي (4 أشخاص)
<b>Arabic Coffee</b>	£ 2.99	قهوة عربية
<b>Fizzy Drink</b>	£ 2.25	مشروبات غازية
<b>Moroccan Green Tea (Pot)</b>	£ 5.99	شاي أخضر مغربي (أبريق)
<b>Noon alcoholic beer</b>	£ 4.00	بيرة خالية من الكحول

## Fresh Juices

<b>Abu Zaad Tropical</b>	£ 4.50	كوكتيل أبو زاد
<b>Apple</b>	£ 4.50	تفاح
<b>Carrot</b>	£ 4.50	جزر
<b>Mango</b>	£ 4.50	مانجو
<b>Lemon</b>	£ 4.50	ليمون
<b>Orange</b>	£ 4.50	برتقال
<b>Carrot &amp; Apple</b>	£ 4.50	تفاح و جزر
<b>Lemon &amp; Mint</b>	£ 4.50	ليمون بالنعنع
<b>Strawberry milkshake</b>	£ 4.50	فراولة بالحليب

Minimum £10 per head



Minimum £10 per head



# Abu Zaad

## RESTAURANT

## Traditional Damascene Taste

Damascus is known to be the oldest continuously inhabited city in the world, Historians believe that the city actually dates back to the seventh millennium B.C., Many nations had passed and settled in Damascus ( Assyrian , Greek , Arab, Turks Persians , Roman and European )

If you have any kind of allergy, please ask the waiter before you order



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**V** Vegetarian / **C** Celery / **G** Gluten / **CR** Crustaceans / **E** Eggs  
**F** Fish / **L** Lupin / **M** Milk / **MU** Mustard / **N** Nuts / **P** Peanuts  
**S** Sesame / **SO** Soya / **S** Sulphites / **H** Hot

If you are allergic please ask member of staff



## Mousakaa



## Houmus - Moutabal- Tabbouleh



## Soups

**Lentil Soup** V £ 5.99 شوربة عدس  
Finely selected lentils infused with cumin and olive oil topped with fried bread cubes .

**Chicken Soup** M £ 5.99 شوربة دجاج  
Cream of chicken bouillon .

## Cold Appetizers

**Iabneh** V M £ 5.75 لبننة  
Thick yogurt blended, topped with organic olive oil.

**Houmous** V S £ 6.95 حمص  
A selection of the finest chickpeas crushed and blended with tahini sauce and lemon juice, topped with organic olive oil.

**Moutabal** V S £ 6.95 متبل  
Finely chopped and grilled eggplant mixed with tahini sauce and lemon juice.

**Baba Ganouj** V £ 6.95 بابا غنوج  
Mouthwatering grilled aubergine mixed with sweet peppers, flavorful parsley, infused with garlic and lemon juice topped with olive oil.

**Warak Inab** V £ 6.95 ورق عنب  
Vine leaves stuffed with rice, tomato purée and chopped parsley, rolled in a traditional technique then simmered, dressed with lemon juice and olive oil.

**Moussaka** V £ 6.50 مصقعة  
Eggplant cooked with tomato, chickpeas and sweet pepper.

\* All Cold Appetizers served with pitta bread \*

**Mix Appetizers** £12.50 طاقم مقبلات  
Your choice of any three cold appetizers (only cold appetizers).  
**Minimum £10 per head**

## Salad

**Abu Zaad Salad** V M £ 7.50 سلطة ابو زاد  
Rocket leaves, halloumi cheese, onion, tomato, pomegranate juice and sumac.

**Tabbouleh** V G £ 7.50 تبولة  
Finely chopped parsley, tomato, mint leaves, onion, bourgul, organic olive oil and lemon dressing.

**Fattoush** V G £ 6.95 فتوش  
Lettuce, cucumber, tomato, mint leaves, sumac, lemon juice, olive oil, vinegar dressing topped with fried bread cubes.

**Arabic Salad** V £ 6.95 سلطة عربية  
Lettuce, cucumber, tomato, dressed with olive oil and lemon juice

**Yogurt & Cucumber** V M £ 5.99 سلطة لبن بخيار  
Fresh yogurt mixed with finely cut cucumber and dried mint.

**Cheese salad** V M £ 7.50 سلطة يونانية  
Lettuce, cucumber, tomato, mint leaves, sumac, lemon juice, olive oil, vinegar dressing topped with fetta cheese

**Chicken Salad** £ 8.99 سلطة بالدجاج  
Lettuce, cucumber, tomato, mint leaves, sumac, lemon juice, olive oil, vinegar dressing topped with chicken cubes

## Chicken Salad



## Abu Zaad Set Menu

**Set For ( 4 people )** £ 86.99 وجبة لأربعة أشخاص  
Houmous S  
Moutabal S  
Fattoush G  
2 Damascene hot appetizer N S G M  
Family mix grill for 4 people

**Set For ( 2 people )** £ 45.99 وجبة لشخصين  
Houmous S  
Fattoush G  
Damascene hot appetizer N S G M  
mix grill for 2 people

## Hot Appetizers

**Falafel** (4 Pcs) V S £ 5.95 فلافل  
A mixture of the finest chickpeas and beans blended with fresh onions and flavorful coriander infused with chili peppers, fine spices and garlic, served fried with Tahimi sauce

**Halloumi Cheese** (4 Pcs) V M £ 6.50 جبنة حلومي  
Grilled juicy halloumi cheese slices

**Cheese Roll** (4 Pcs) V N M S £ 5.99 سمبوسك بالجبنة  
Fried rolled pastry stuffed with cheese and sesame

**kibbeh Shamia** (4 Pcs) N G £ 6.25 كبة شامية  
A traditional appetizer made of Lamb bulgur and meat stuffed with minced meat and nuts.

**BBQ Kibbeh** (2 Pcs) N G N £ 6.95 كبة مشوية  
Lamb, nuts, spices, pomegranate sauce, salt, bungul

**Mix Damascene Hot Appetizers** N S G M £12.99 طاقم المقبلات الدمشقية الساخنة  
2 Falafel, 2 Fried Roll, 2 Kibbeh Shamieh, 2 Halloumi Cheese

**Chicken Wings** (4 Pcs) E £5.99 جوانات دجاج مشوية  
Grilled chicken wings

**Chicken Roll** (4 Pcs) £ 5.99 سمبوسك دجاج  
Deep fried spring roll stuffed with chicken and onion

## BBQ Kibbeh



## Chicken roll



## Abu Zaad Set Menu for 2



**Batata Harra** V H £ 6.25 بطاطا حرة  
Potato cubes mixed with sweet pepper and chopped chilies, topped with fresh coriander and garlic.

**Fattet Houmous** V N S G M £ 7.95 فتة حمص  
Selected chickpeas infused with garlic and tahini sauce topped with toasted bread, nuts and butter ghee.

**Fattet Makdous** N S G M £ 8.95 فتة مكدوس  
Baby aubergine stuffed with minced meat, marinated in yogurt and tahini sauce, mixed with fried bread, nuts, infused with garlic and topped with paprika and butter ghee.

**Foul Moudammas** V M S £ 7.95 فول مدمس  
Whole fava beans mixed with garlic lemon juice topped with olive oil, marinated in yogurt and Tahimi

**Houmous with Shawerma** S £ 7.95 حمص وشاورما  
Traditional houmous topped with shawerma.

**Houmous with Qawrma** S M £ 8.95 حمص قاورما  
Traditional houmous topped with chopped lamb, and butter ghee.

**Fried Cheese Pastry** G M £ 6.95

**Fried Chicken Pastry** G M £ 6.95

**Fried Spinach Pastry** G M £ 6.95

## Fried Pasty

( cheese - spinach - chicken )



## Main Course

**Makloba** N M £ 14.95 مقلوبة  
Special cooked rice covered with aubergine, nuts and lamb. served with yogurt

**Bamia (lamb)** £ 13.25 بامية باللحم  
Okra and lamb cubes cooked with tomato, coriander and garlic comes with rice .

**Kibbeh Labanyeh** N M E N £ 13.25 كبة لبنية  
Kibbeh cooked in yogurt and tarragon, nuts, comes with rice.

**Kabseh (Lamb)** N M £ 15.95 كبسة باللحم  
Rice cooked with sultana, onion and pepper, topped with nuts served with yogurt.

**Kabseh (Chicken)** N M E N £ 14.50 كبسة بالدجاج  
Rice cooked with sultana, onion and pepper, topped with nuts served with yogurt .

**Shakryeh (Lamb)** N M E N £ 14.00 شاكيرية باللحم  
Lamb cubes cooked in yogurt topped with nuts comes with rice .

**Mandi (Lamb)** N £ 16.95 مندي لحم  
Special rice with sultana, nuts, served with chef sauce

**Mandi (Chicken)** N £ 14.95 مندي بالدجاج  
Special rice with sultana, nuts, served with chef sauce

**Shish Bunak** M G £ 13.25 شيش برك

## BBQ

**Abu Zaad Mix Grill** £ 17.50 مشاوي مشكلة  
Lamb fillet, chicken cubes, and lamb kofta

**Lamb Kofta** £ 16.95 كفتة لحم  
Grilled minced lamb skewers, served with a special traditional sauce.

**Kebab Halabi** H £ 16.95 كباب حليبي  
Grilled minced lamb skewers, served with a special traditional sauce.

**Kebab Bil Tahini** S £ 16.95 كباب بالطحينة  
Grilled minced lamb skewers, served with a special traditional sauce.

**Kebab Aubergine** £ 16.95 كباب باذنجان  
Aubergine cubes and minced lamb skewers

**Shish Taouk** £ 16.95 شيش طاووق  
Chicken cubes marinated in special sauce

**Grilled Lamb Fillet** £ 19.50 لحم مشوية  
Lamb fillet marinated in olive oil and lemon

**Lamb Kastaleta** £ 19.50 لحم كستليتة  
Lamb cutlet marinated in special sauce

**Chicken Shawerma** £ 14.95 S شاورما دجاج  
Roasted thin slices of tender marinated chicken.

\* All BBQ served with chips or rice \*

**Minimum £10 per head**

## \* Moroccan Dishes \*

**Tajin (Lamb)** S £ 16.95 تاجين باللحم  
Lamb meat cooked in olive oil in a traditional way with dried plums, fresh onion, and mixed vegetables comes with rice or couscus.

**Couscous (Lamb)** G £ 16.50 كسكس باللحم  
Steamed couscous and lamb, served with mixed vegetables and special sauce.

**Couscous (Chicken)** G £ 14.95 كسكس بالدجاج  
Steamed couscous and chicken, served with mixed vegetables and special sauce.

## Vegetarian Dishes

**Couscous** V G £ 13.95 كسكس بالخضار  
Steamed couscous, served with mix vegetables and special sauce.

**Moussaka** V £ 13.95 مصقعة  
Eggplant stewed with tomatoes, chickpeas and sweet peppers comes with rice.

**Veg Bamia** V £ 13.95 بامية بالخضار  
Okra, spices, garlic, tomato, salt, coriander, comes with rice



Tajin Lamb

## Side Dishes

**Plain Rice (with vermicelli)** £ 3.50 رز أبيض مع شعيرية

**Kabseh Rice** £ 3.50 رز كبسة

**Chips** £ 4.00 بطاطا مقليّة

**Couscous** G £ 3.50 كسكس

**Selected Pickles And Olives** £ 1.50 مخللات وزيتون

**Saj Bread** 75 p خبز صاج